

FOCUS

EVENTS AND NEWS FROM WALDRINGFIELD VILLAGE HALL

Mar/Apr 2022

As we head into spring without any Covid restrictions for the first time in two years, we look forward with optimism to a year in which our village hall can be used to its potential.

As ever, the village hall relies on voluntary effort to keep it running smoothly. Our thanks as always, go to the 'Coffee Team' for their culinary efforts, and good humour each month. The monthly coffee mornings are a highlight of village life and appreciated by all those attending. However, I am conscious that their success relies increasingly on a small number of volunteers, and they too deserve a break. Unless more people are willing to help out on occasions, then I am fearful that the burden on the existing volunteers will become too much, and the coffee mornings will become less frequent. Their future relies on you. Please contact me or Chris Lyon if you can help.

The coffee mornings are also a good opportunity for those attending to swap books in the village hall 'library'. However, books can be collected or donated at any time the village hall is open, not just at coffee mornings. All residents are welcome to take books or swap them. To keep the stock fresh and interesting we welcome new book donations.

My special thanks in this edition of Focus go to John Nayler, Bob Bradley and Tony Lyon for giving up their Saturday to help with a running repair to the shed roof, following Storm Eunice. They concluded wisely that my DIY skills in this regard were sadly lacking. My thanks also go to Colin Reid for continuing to organise the Winter Talks. They are wonderfully entertaining, inspirational and definitely more rewarding than a night in front of the tv; so please support them if you can.

Waldringfield's moles have clearly enjoyed their winter residence at the village hall, judging from the size and number of molehills. We look forward to them seeking pastures new in the spring. Unlike Kenneth Grahame's mole in 'Wind in the Willows' however, we do need to tackle the spring cleaning and rationalise the storage before we can go messing about on the river. We will therefore be contacting village hall users to see what if any items can be discarded, as we seek to create more space – particularly for the Deben Hall chairs!

Looking further ahead, the Parish Council are organising a celebration of the Queen's Platinum Jubilee on Saturday 4th June, to be held on the Recreation Ground, with car parking and toilet facilities available at the village hall. Volunteers are needed on the day. If you are able to help, please contact Chris Lyon.

We understand that some residents like to receive printed copies of Focus and we will continue to print copies for those that do. However, we do not wish to waste paper or incur unnecessary printing costs if the vast majority are happy to receive their copies digitally. We would very much welcome your feedback on this issue.

Philip Hall, Chairman

Email: debenconsult@gmail.com

0787 2375784

Coffee Mornings (first Thursday of the month):

Thursday, 3rd March and Thursday, 6th April (Easter themed!) 10am to noon

Coffee and cake £3, the monthly lottery draw takes place at these popular mornings!

If you would like to join the coffee morning team just ask one of us!

WINTER TALKS on Friday evenings

Thank you to Colin Reid for organising these.

Tel 736506

Friday, 4th March at 5pm: Lord Deben

Friday 8th April at 7.30pm

11.45 am Monday Mornings. Seated exercises for falls prevention

£5 per session, for further information:

Mary Beth Skellorn 01453 736306

Wine Club – Thursday, 24th March

7.30pm in the Kennedy Room

David Eaton 736754

1pm Fridays: Stretch and Tone with

Di Taylor

didee33@hotmail.com

07748 611730

Come Dancing Ballroom and Latin

Wednesday evenings –
private tuition.

Contact Robert Fisher:

01473613428 robfisher05@gmail.com

History Group

Thursday, 10th March 2pm to 5pm in the Kennedy Room

For more information contact the Secretary

01394283347

Badminton/Social Group

Now meets on a **THURSDAY**
evening

Please contact John Nayler 736228

9:30 am Tuesday Mornings. Easy Pilates

Classes are usually held for 55 minutes and equipment is provided, including Pilates magic circles, toning balls, head rests, blocks, small balls and flex bands. £10 per session but you can book a term in advance for £70

Contact Tony: www.tonepilates.co.uk email: tonepilates@btinternet.com 07964 325783

Ipswich RC Truckers - Sunday 13th March (all day)

Come and marvel at the wonderful layout and radio controlled model trucks. Find out more on their Facebook page or phone Tim and Jayne Wincer on 01394 766786. You will be made very welcome.

Spectators only £1

Karate Sessions for all ages -Tuesdays 5.45pm onwards

For further information: Leonie Kersey 07886423616 email: evolutionkarateacademy@hotmail.co.uk

Website: www.evolutionkarate.co.uk

This is a prestigious Karate Group - no less than SEVEN of their students have been chosen to represent England in the World Championships

REGULAR EVENTS

- Monday** Post Office Van 11am-12.30pm *by the large oak tree in the car park - please always leave that space free as otherwise electronic transactions may be hindered.*
Seated exercise classes 11.45am
- Tuesday** Pilates 9.30am *Tone Pilates* 07964 325783 www.tonepilates.co.uk
Parish Council Meetings *Parish Clerk* 01394 271551
Karate evolutionkarateacademy@hotmail.co.uk
- Wednesday** Post Office Van 11am-12.30pm *by the large oak tree in the car park - please always leave that space free as otherwise electronic transactions may be hindered.*
Bridge Club Norman Rea 736577
Come Dancing robfisher05@gmail.com
- Thursday** Art Group 1pm-4pm *Kit Clark* 736670
History Group 2pm-5pm
Wine Club David Eaton 736754
Social Club/Badminton *John Nayler* 736228
- Friday** Eco refill shop 10.30-12.30pm
Post Office Van 11am-12.30pm *by the large oak tree in the car park - please always leave that space free as otherwise electronic transactions may be hindered.*
Stretch & Tone 1-2pm *Di Taylor* 07748 611730

Dates for your diary

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|------------------------------|----------------|
| Thu 3 rd March | Coffee morning |
| Fri 4 th March | Winter talk |
| Thu 10 th March | History group |
| Sun 13 th March | RC Truckers |
| Thu 24 th March | Wine Club |
| Friday 8 th April | Winter talk |
| Thu 6 th April | Coffee morning |

Bookings: waldringfield.onesuffolk.net/our-village/village-hall/villagehall.bookings@btinternet.com

'Focus' headteacher@waldringfield.suffolk.sch.uk