



No. 40 March 2013



THREE WEEKS IN STRATFORD - a Paralympic Experience

No doubt many of us saw the excellent BBC drama "The Best of Men " which told the story of how Sir Ludwig Guttmann started the Paralympic Games from Stoke Mandeville Hospital.

A full Village Hall was privileged to hear a fascinating talk by Sir Ludwig's daughter, Eva Loeffler OBE, who escaped Nazi Germany along with her father, mother and sister.

It was very fitting when she was asked to be the Village Mayor at the 2012 Paralympics. She gave us some interesting insights. You could not help but be moved when she told us that five competitors from the third world were diagnosed with early stages of cancer and then there was the case of the blind competitor who was offered laser treatment and had his sight partially restored.

Eva said that she had many gifts from overseas teams, but only kept two. One was a Panama hat from the Equador team for her husband and the other was a special plaque from the Afghan team.

This can be seen in the photograph along with Gareth Thomas holding the Paralympic torch which Eva carried on the very first leg from Stoke Mandeville. The proceeds from the evening totalled £452 and were donated to the charity Wheelpower.

Stan Baston



In late January, just as the snow began to melt, a keen group of 30 people from the village and beyond attended at fruit tree pruning course led by organic fruit farmer Marina O'Connell, and organised by Waldringfield, Newboun and Hemley Scattered Orchard.

We began at the Kennedy Room in the Village Hall where Marina explained some basic theory of how different trees tend to grow, and how best to prune them for both longevity and fruitfulness. We then headed out to the playing field where we operated on the young trees planted last winter, as well as a neglected mature apple tree which will hopefully now have a new lease of life.

We gave one of Anna Carter's trees the same treatment and then moved on to Village Way, where we were shown how to prune the trained trees so that they will grow horizontally along the fencing, rather than upwards. It was a most enjoyable and useful experience that will hopefully mean more fruit this year!

There was such a demand for places on the course that we have decided to run a repeat course in Saturday 2nd March 10am – 1pm starting at the Church room. £5 or

£2 for WALGA members. Booking is essential. Email or call mariahskellorn@hotmail.com 07709485979 or 01473 736485

Marina O'Connell's orchards are at the Apricot Centre in Lawford, near Manningtree where she runs many fruit and permaculture course throughout the year.

For further details: www.apricotcentre.co.uk 01206 230425 info@apricotcentre.co.uk

Waldringfield Fairway

Committee AGM

Waldringfield Fairway Committee will hold its open to the public Annual General Meeting on Thursday 18th April 2013 at 7:30pm in Waldringfield Church

Waldringfield Community Composting.

Tuesday 20th November 2012 marked the launch of Suffolk's first Community Composting activities in Waldringfield, Residents who may be interested in trialling a Hotbin, Bokashi Unit or Wormery or who would like to attend a demonstration workshop, please contact Scheme Co-ordinators Linda Wilkins 01473 736044 or email: linda.thequay@btinternet.com, Betsy Reid 01473 736506 or Lynne Johnson 01473 736696 for further information.

Waldringfield Church Field Trust

The basketball area has now been enlarged and is ready for use although at time of writing some court markings are still to be added. The new (stronger) pole with board is to the north of the area, so you will no longer get the sun in your eyes (should there be any). We are grateful to SCDC Sportspace for funding these improvements, which were carried out by Booth Tarmacadam.

There is also a new picnic table, in solid Welsh oak like the others, delivered and installed by Coed Dinefwr from Carmarthenshire. If anyone would be interested in sponsoring the new table, please get in touch - perhaps joint sponsors could be arranged and a small plaque fitted to it.



Meanwhile the burnt boards of the one near the goal post, which were damaged by someone's barbecue, have been replaced.

On a chilly day in December a party of children from Waldringfield school dug over two grassy areas of the field to encourage skylarks to nest, for which they prefer cultivated areas. We were all interested to see a muntjac deer running across the

next field while we were digging.

Church Field is entering into another environmental stewardship scheme in March as we are managing the different habitats in wildlife friendly ways. This means we receive a small amount of funding from the government which all helps with maintenance.

Christine Fisher Kay, Chairperson

Martlesham Heath Surgery Patient Representative Group

The group continues to meet at the surgery. At our regular meetings we review the findings of the survey completed by patients earlier in 2012. Many patients commented on the lack of privacy when discussing issues at the reception desk. So the group discussed possible changes to the reception window area.

The telephone system has recently been upgraded, making it easier to implement suggestions such as texting appointment reminders. More recently some patients commented about the pathways around the surgery entrance. In response to the concerns a light has been fitted above the entrance to provide better visibility during the dark winter days.

A blood pressure monitor has now been provided in the reception area. It gives a paper printout of results. Please feel free to use it whenever visiting the surgery.

Thomas O'Brien - Chairman
01473 625202

Waldringfield's Got Talent.....

.....is being mounted once again on **Saturday 2nd March at 6.30pm for 7pm in the Village Hall.**

Last year's hugely enjoyed all-ages event was sold out in advance. You are strongly advised to get your tickets early so as not to miss your chance.

Tickets are priced as follows (for both participants and audience): Adult £10.00 Child up to 16 years £5.00 Family Ticket (two adults and up to two children) £25.00. This includes food and a glass of sherry or fruit juice. Please bring your own additional drinks, glasses - and corkscrews.

Tickets can be obtained from Pat Nunn at The Retreat, Cliff Rd (736427) and from Paul on the Post Office Van in the Village Hall Car Park on Mondays, Wednesdays and Fridays from 11am to 1 pm.

If you can help by pre-cooking quiches or sausages or by baking potatoes, please contact Pat Nunn on **736427**. If you can offer an act, please contact Mark Wootton on **736716**.

VILLAGE HALL WINTER TALKS

On **Thursday March 14th** at 7.30 Graham Speke, retired deputy headmaster and educationalist from Oxfordshire, one time head of History at Kesgrave School, will try to guide us through the educational morass with his dry sense of humour, with *Please Sir, Dear Miss*.

Please note that this is the second Thursday of the month, not the usual first.

Then, on **Thursday April 4th**, the last of this winter's village hall talks will be presented by the Waldringfield History Group - *Post War Waldringfield*.

Thomas O'Brien



If you are organising an event in your community this year, there is **assistance, free toolkits and possible funding**

available to you through the Community Games initiative - inspired by the 2012 Olympic games.

For further information, please visit the Community games website:

<http://www.communitygames.org.uk>.

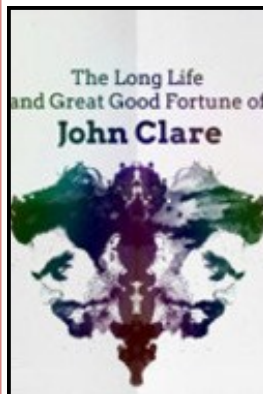
For more informal queries, contact

Henry Tapp, Active Wellbeing Co-ordinator, Suffolk Sport

Tel : 01394 444289 Mob: 07919 166593

www.suffolksport.com/fitvillages

Eastern Angles



return to Waldringfield on Thursday 11th April 2013 bringing their new production based on the extraordinary life of the East Anglian poet, John Clare.

Eastern Angles tell the story of a man who believes he is the 'peasant poet' John Clare. The psychiatrist tries to fathom the reasons behind her patient's delusion but her partner is fixated on his own version of

the legend. In their search for the truth the characters reveal some startling stories. John Clare is remembered for his life more than his poetry - *labourer, womaniser, walker, visionary, lunatic*. In Tony Ramsay's play, a new history emerges.

Tickets available from: **Colin and Betsy Reid, Dormers, Cliff Rd, Waldringfield, Woodbridge, IP12 4QL Tel: 01473 736506**

colin_reid1@btinternet.com or betsyr@talk21.com



FIGHTING ROBINS

Robins have a two-sided personality. They are friendly and trusting with humans but are not so keen on sharing their territory. I saw two robins scrapping in front of my house and had

time to grab the camera from inside the house and take some photographs before they flew off to continue the fight in next door's garden. **Stan Baston** (his photo was featured on BBC Winterwatch)

WALGA - Calendar of Events 2013

2nd March - Fruit tree pruning - another course by popular demand. Marina O'Connell of the Apricot Centre will demonstrate pruning techniques on some of our own trees - you get to have a go too. Start at the Village Hall, 10.00 - 12.30. Bring your pruning shears

25th March - talk by Ric Staines: he has run a commercial small-holding, helped set up community gardening groups through the BBC and is much in demand as a speaker. He will talk on plants and planting that suit our soils and situation.

13th April - Saturday afternoon in the Village Hall: Tony Callaghan of Hotbin will be visiting to assess our first 12 weeks of ten hot bins in Waldringfield steaming away. Plus many other 'green' things.

16th May - Tour of Katy's Garden, Newbourne 6.00 p.m. for an hour and a half or so.

2nd June - Sunday afternoon 2.00 - 5.30 Open Gardens: a selection of village gardens open to share how many different ways there are of having a garden that gives you pleasure. Cream teas at Dormers from 3.00.

21st September - Produce Show (back on a Saturday by popular demand!)

19th October - Apple Pressing afternoon. Bring your windfalls to the village hall for a mass pressing!

21st November - WALGA AGM at Dormers: 7.30 (mulled wine and mince pies from 8.00)

30th November - Christmas Flower arranging





Waldringfield Wildlife Group exists to conserve, enhance and record the local wildlife; to protect wildlife habitats and encourage biodiversity; to encourage wildlife-friendly management of land, gardens and public spaces and to encourage a greater interest in and knowledge and love of wildlife in general.

Contacts:

Coordinator: Linda Wilkins 736044

linda.thequay@btinternet.com

Secretary: Angela Mace 736677 damage@btinternet.com

Treasurer: Alexis Smith 736257 g1dik@btinternet.com

All meetings in the Village Hall Kennedy Room starting at 10.00 [talks at 11.00] unless otherwise specified. Visitors welcome. £2.00 admission charge for visitors and non-members.

PROGRAMME FOR 2013

- February 9th** Talk by Nick Mason, SWT
Wildlife of the River Deben..
- April 13th** Talk by Doreen Wells,
Norfolk Ant Recorder
The Ants of Suffolk and Norfolk.
- May** Guided walk through Trimley Marshes
with Andrew Excell, SWT Warden.
(date and time tbc)
- June 8th** Talk by Peter Olliff,
Woodbridge Horticultural Society
Kingston Wildflower Meadow
- June 21st** Guided tour of Priors Oak,
Wildlife & Butterfly Gardens, Aldeburgh
with owner Trudy Willis. Details tbc.
- October 12th
& AGM** Talk by Christine Fisher Kay.
The Suffolk Hedgerow Survey.
- December 7th** Talk by Adrian Hinchcliffe,
Badger & Other Mammals Group
About the Badger. Followed by **Members** bring
& share Christmas Lunch.

Waldringfield Green Day

Saturday 13th April 1.00-5.00

The second Energy and Community day in Waldringfield is now booked for the afternoon of Saturday April 13th. Please put the date in your diary and join us for a lunchtime bowl of soup or afternoon tea.

The Suffolk Climate Change Partnership and Waldringfield's Community Composting group will both have stands on the day.

What else would you like to see? Please share your ideas on how we can make Waldringfield an even stronger and more resilient community. **Contact Libby on 736523**

PARISH COUNCIL MEETING DATES—Tuesdays. 7.30 pm in the Village Hall, Kennedy Room.

12 March, 9 April (Annual Parish Meeting in the Main Hall), 14 May (Annual Parish Council Meeting in the Main Hall), 11 June, 9 July, 13 August, 10 September, 8 October, 12 November, 10 December 2013

ALL PARISH COUNCIL MEETINGS ARE OPEN TO THE PUBLIC and there is an opportunity at these meetings to put information to the Council and ask questions. If anyone wishes to see planning applications, report problems, etc., please contact the Clerk to arrange it.

Contacting the Council:

In writing to: **The Clerk, Waldringfield Parish Council, 43 Fourth Avenue, Frinton-on-Sea Essex CO13 9DY**

By telephone: **01255 678 888** (with voicemail)

By E-Mail : pc@waldringfield.suffolk.gov.uk

Website:

www.waldringfield.suffolk.gov.uk

Your Parish Councillors:

**Ian Kay (Chairman) Alyson Videlo (Deputy) Serena Gold
Frances Matheson Colin Archer Bridget Rayner
Neil Winship Janet Elliot Colin Read**

ADVERTISE

IN THIS NEWSLETTER AND IN THE INTERNET VERSION ON THE PARISH WEBSITE FOR AS LITTLE AS £12 PER ISSUE—FOR MORE DETAILS, CONTACT THE PARISH CLERK (CONTACT INFORMATION IN THE BOX ABOVE)



**Ipswich Mobile Library
Route 12**

Email: help@suffolklibraries.co.uk

Telephone: 01473 584563

Route 12 Town/Village	Location	Time
MIP/12A	Westerfield Swan	9.25 - 9.40
MIP/12B	Witnesham Weyland Road Moon and Mush-	9.50 - 10.20
MIP/12C	Swilland room	10.25 - 10.40
MIP/12D	Swilland Sunset Cottage	10.45 - 10.55
MIP/12E	Rushmere Village Hall	11.20 - 11.40
MIP/12F	Rushmere Chestnut Close Rushmere St.	11.45 - 12.15
MIP/12G	Andrew Meadowside	12.20 - 12.40
MIP/12H	Playford Phone box	1.50 - 2.05
MIP/12I	Great Bealings Lower Street	2.15 - 2.30
MIP/12J	Little Bealings Admiral's Head	2.35 - 3.00
MIP/12K	Waldringfield Village Way	3.15 - 3.50
MIP/12L	Newbourne Fox	4.00 - 4.30