



Martlesham Parish Council

Parish Room
Felixstowe Road
Martlesham
Woodbridge
Suffolk IP12 4PB

Clerk: Mrs Susan Robertson
Telephone: 01473 612632
Email: clerk@martleshamcouncil.org.uk
Website: <http://martlesham.onesuffolk.net>
Facebook: <https://www.facebook.com/MartleshamParish>

CORONAVIRUS (COVID-19) PANDEMIC HELP IN MARTLESHAM

HOME, BUT NOT ALONE
Connecting volunteers and vulnerable people in Suffolk

DOWNLOAD
Tribe - Volunteer
APP TO VOLUNTEER

Need a volunteer's help? Call: **0800 876 6926**

#COVID19SUFFOLK

Dear Parishioners

We are aware that many of you are supporting your families, friends & neighbours during these difficult times. Thank you for every act of kindness. We are concerned that no-one should feel left without access to essential food, household goods or medication, especially those without access to on-line shopping or social media. If you are struggling to get supermarket deliveries, there are local businesses trying to help.

Duncan's Butchers and Bakery, The Square, Martlesham Heath - home delivery service, call 01473 626044 (butchers) or 01473 626828 (bakery)

Fruit & Veg Stall in the Square, Martlesham Heath - free delivery to any senior customers who are self isolating. Call Jan on 07730 396610

Post Office Stores, Black Tiles Lane, Martlesham: offering delivery to customers who are self-isolating. 01473 623413

Beacon Hill Farm Shop, Martlesham, IP12 4RP - fruit, veg, eggs, milk and more. Open 9am to 5pm 07709 552753 to place order for collection or <https://www.facebook.com/beaconhillfarmshop>

Kiln Farm Nursery, on A1214 in Kesgrave - <https://kilnfarm.com>

They take orders by phone 01473 333309 from 9.30am (**no Emails or Facebook orders**). Please do not leave a message on 1571 as they may not be able to pick them up until the end of the day.

Grange Farm Shop, Hasketon - email your order by noon and pick up the next day (some areas are delivered to) hello@grangefarmshop.co.uk or telephone 01473 375610 or

<https://www.facebook.com/grangefarmshophasketon/> - also offering early morning shopping for elderly people, 8.15-9.15am Mon to Sat.

Local foodbank:

FIND (Families In Need): Martlesham Benefice vicarage acting as collection point (17 Lark Rise, Martlesham Heath, or contact Rev Toby Tate, 01473 612659, email toby@martleshamcofe.org.uk). Their Facebook page is <https://www.facebook.com/FINDIpswich> , or website is <https://www.findipswich.org.uk/>

HOME, BUT NOT ALONE

For those who need help and can't get that from family & friends, there is a new Suffolk freephone number: **0800 876 6926**. Please note that it is not a general Covid-19 helpline. Please only ring if you have no support so you can be matched with the right support locally. The line will be staffed from 9am to 5pm seven days a week.

You can also register to volunteer by downloading the Tribe – Volunteer app from Apple Store or Google Play Store. Please also register any group that is offering local help. The service has been developed to help connect people who want to volunteer in their communities with neighbours who are most in need.

We are supporting this service with details of local support and services as best we can, but if you continue to struggle, please e-mail clerk@martleshamcouncil.org.uk or leave a message on our answer machine, 01473 612632, and we will do what we can to help. We are operating a limited service as the majority of our councillors & some staff are in the vulnerable or shielding categories.

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Yours faithfully

S C Robertson

Susan Robertson
Clerk to Martlesham Parish Council